



Working Together

50+ Forums

Discussions, Consultations, Feedback

Working Together – what is it?

Working Together 50+ Forums are regular discussion forums enabling; service users, Carers and other interested 50+ people in Cumbria, to feedback their views on issues affecting older people and future Cumbria County Council's Adult Social Care Directorate services

Forum Meetings

- ✓ Accessible and open to all interested in issues affecting people over 50.
- ✓ Have a presentation or speaker
- ✓ Information and discussions on Cumbria County Council **public consultations**.
- ✓ Forum responses feedback to relevant departments
- ✓ Meaningfully including seldom heard voices

We can help with transport expenses and care costs (for carers) for some of the forums. Please check with forum chair for specific details.

Working Together 50+ Forums

Carlisle Penrith Kirkby Stephen
Kay Colley 01524 419021 / 07825 207065
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South Lakes (Kendal) Ulverston Barrow Silver Lynx
Kathryn Haigh 01524 419021 / 07825 207031
kathryn.haigh@signposts.org.uk

Older Persons' Forum (West Cumbria)
Peter Johnstone 01946 693903 peter.johnstone5@virgin.net

Barrow and Furness Pensioners Association
Margie Arts 01229 834738 margiearts@hotmail.com

Brampton & District 50+ Forum
Ann Oswin 01228 675684 ann.oswin@btinternet.com
www.bramptonandbeyond.org.uk

Other ways you can be involved? You may not be able to come to a meeting but would like to be involved or kept informed: please contact us – by phone, email or postal address (overleaf).

Have Your Say to influence services affecting people over 50

Signposts:-

Registered Office:

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Charity Registration: 1117645 & Company Registration 5990592
Registered in England and Wales
Signposts is an Investor in People

50+ Forums

Be part of a growing national network of forums for and about older people!

Recent topics have included:

- Strategies to support people in their own homes to remain independent
- Relevant charities working locally
- Care provision costs
- Carers assessments
- Transport and access concerns
- Information and advice availability
- Adult safeguarding and complaints processes

www.cumbria.gov.uk/adultsocialcare/default.asp

www.signposts.org.uk/workingtogether/localforums

50+ Forums in Cumbria

Issues affecting people over 50

Discussions, Consultations, Feedback

Perhaps you are:

- In receipt of adult social care services from Cumbria County Council or a partner organisation?
 - An informal carer?
- Someone interested in local issues relevant to older people?

You would be welcome at a 50+Forum!



Look out for your nearest forum – or get in touch!



Adult and Cultural Services

Cumbria
County Council

Working
together

