

Attention all people over 50!

Would you like to share your experiences of services in your area?

Do you want an opportunity to meet with other people to hear their views?

Why not come along to the Penrith Group and find out more

**Thursday 29th January 2008
Penrith Methodist Church
Wordsworth Street, CA11 7QY 12.30pm
1.00pm – 3.00pm**

**This month's discussion:
Cumbria LINK
Find out how you can get involved with
the development of Health and Social
Care services**

- ☺ **Light lunch will be provided**
- ☺ **Travel expenses are available**

**For more information contact:
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