

Attention all people over 50!

Would you like to share your experiences of services in your area?

Do you want an opportunity to meet with other people to hear their views?

Why not come along to the Carlisle Forum for over 50s and find out more

Wednesday 17th September 2008

York Court Housing Scheme

York Gardens, Upperby,

CA2 4HP

1pm

- ☺ **Refreshments will be provided**
- ☺ **Travel expenses are available**

What is a forum?

- **Forums give a collective voice in order to influence decision-makers on matters which impact on our every-day lives.**
- **They can provide social activities, trips and events**
- **They can provide a platform where you can speak out on the issues that concern you.**

**For more information contact:
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