

Attention all people over 50!

Would you like to share your experiences of services in your area?

Do you want an opportunity to meet with other people to hear their views?

Why not come along to the Carlisle Forum for over 50s and find out more

**Tuesday 24th March 2009
Carlisle Old Town Hall
1.30pm – 3.30pm**

Speaker from: Carlisle Carers on Carers Assessments

- ☺ **Refreshments will be provided**
- ☺ **Travel expenses are available**

**For more information contact:
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